

MEDICATION LIST FOR OB PATIENTS

ALLERGIES:

MEDS:

Allegra
Benadryl
Claritin
Tylenol Sinus and Allergy
Over the Counter Antihistamines

COLDS:

Robitussin
Sudafed
Tylenol
Tylenol Cold and Flu

CONSTIPATION:

call office
Colace
Increase Fluid Intake
Senokot
Surfax

COUGHS:

Robitussin Cough Drops
Robitussin DM or DF

HEARTBURN:

Maalox
Mylanta
Tagamet
Tums
Zantac

HEMMORROIDS:

Anusol
Preparation H
Tucks

NAUSEA AND VOMITING:

Dry Toast
Gatorade
Jell-O
Peppermints
Popsicles
Small Frequent Meals
Vitamin B-6

PAINTING AND EXTERMINATION:

Avoid if at all possible (well-ventilated area)

DENTAL

Darvocet
Keflex
Novacaine (No Epinephrine)
PCN
Tylenol #3
X-Ray: Double Shield

DIARRHEA:

Imodium

FEVER:

Tylenol
If fever is over 100.6 or above

HEADACHE:

Cold Towel on Forehead
Darkened Room
Sudafed for Sinus Headaches
Tylenol

PERM AND HIGHLIGHTS:

Ok after 1st trimester

TRAVEL:

Ok up to 32 weeks, encourage
Frequent (hourly) Ambulation

VAGINAL INFECTION:

1st Trimester:
Over the Counter Antifungal Creams
(Ex: Monistat)

FLU SHOT: Ok

TB TEST: Ok

Avoid if at all possible (well-ventilated area)